

Helena Dyer Elementary School  
“A New Adventure In Learning”

November 13, 2007

Dear Parents,

I am excited to inform you that, as part of our Guidance program, our fourth grade students will be participating in an Adventure Based Learning Program which will be held here at school and supported by funds from PTA. All fourth graders will have 12 sessions on Wednesday mornings beginning November 14 and culminating in late May at the Sweester Ropes Course in Saco. These sessions will be led by Donna Murray of Sweester’s Adventure Based Program. The fourth grade teachers and I will be active participants in the program ensuring carry over to the classroom. As the students transition to fifth grade, they will have the skill base to serve as role models within a leadership program we will implement in the fall.

Our school’s core values and the learner outcomes on our district’s progress report confirm the importance of helping children develop skills that have such value beyond school.

- Learning to set goals and develop awareness of what social responsibility means
- Learning about the features of healthy interpersonal relationships
- Learning about anger management and conflict resolution
- Learning about effective communication skills
- Learning about what makes each child unique...building self-awareness

The children will be involved in understanding and developing the skills necessary to working independently as well as cooperatively in a team. They will participate in a variety of structured activities so please remind your child to wear comfortable clothes and sneakers on Wednesdays.

If you have any questions, please call either myself or your child’s classroom teacher.

Sincerely,

Peg Dineen  
School Counselor  
799-4845